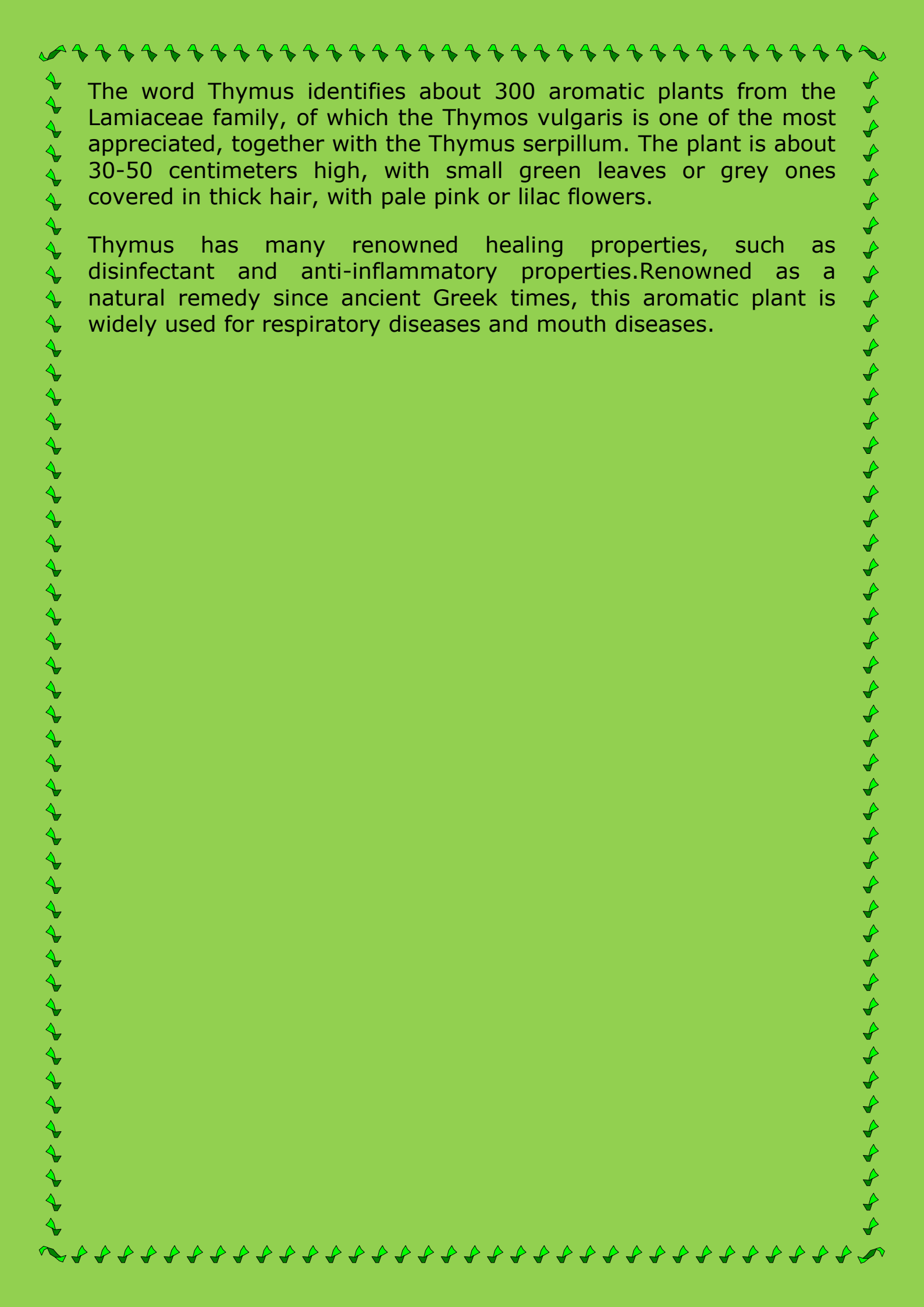


Informations



Thymus is an aromatic plant, which origins are to be found in the Mediterranean area. Known in ancient Greek times, this plant has a wide variety of uses both in the kitchen and in the cosmetic field.

Less known are its healing properties, very useful for men's health. Its most common variety grows wild in Italy and it's known by its scientific name: *Thymus vulgaris*.



The word Thymus identifies about 300 aromatic plants from the Lamiaceae family, of which the *Thymus vulgaris* is one of the most appreciated, together with the *Thymus serpyllum*. The plant is about 30-50 centimeters high, with small green leaves or grey ones covered in thick hair, with pale pink or lilac flowers.

Thymus has many renowned healing properties, such as disinfectant and anti-inflammatory properties. Renowned as a natural remedy since ancient Greek times, this aromatic plant is widely used for respiratory diseases and mouth diseases.